

# The New You the Creator

**Focus: middle school; range: grades 5 through 12 and more**

**Length: 50 sessions – pick and choose for one year, or go for two!**

“Remember when we made the bridges with spaghetti and marshmallows? That was fun!” You’ll hear comments like that years after participants have finished with *The New You the Creator*. Fun is fundamental to the program. It keeps youth coming back for more, week after week, month after month.

But *The New You the Creator* is more than fun. With the smiles and the laughter come new experience of spirituality and new understanding of the creative forces in all of us. Four E’s inform the program: Exploring, Experiencing, Expanding, and Expressing. And ten themes run through it:

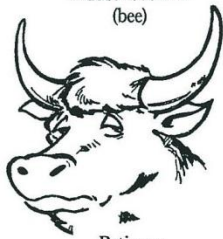
Religion and Creativity, Religion and Creative Arts, Arts and Creativity, Creativity and Self, Practical Creativity, Universal Creative Force, Creative Spirituality, Creating Community, Yes You Can, and Creativity for All.



Courage  
(lion)



Industriousness  
(bee)



Patience  
(ox)



Strength  
(bull)

ANIMAL PERSONALITY AIDS

Creativity is not the exclusive province of artists. It is part of each and every one of us – that’s the message of the program, to youth and adults as well. You need no special creative skills of your own to lead *The New You the Creator*. All you need

is a combination of enthusiasm and energy enough to keep up with the kids as they build their bridges, experience the spiritual power of creativity, discover their potential, and create, create, create.

*The New You the Creator* can be used as a whole in ongoing RE programs, or as the core of camp, conference, and retreat experiences – for youth as young as fifth grade, and, with some adaption, for adults as well.

Imagine how individual lives and even the world might change if all youth understood the positive power of the creative forces within. Then offer the great gift of creative empowerment to the youth in your UU group.

***The New You the Creator***, by Richard S. Kimball, has 500 pages, 124 of them reproducible. It is shrink-wrapped and 3-hole punched for insertion in your own binder. The price is \$95. Additional copies are \$47.50 each, and may be ordered at any time after the initial purchase. Samples are available by e-mail.

