



New Curriculum!

***Becoming Women of Wisdom:***

***Marking the Passage into the Crone Years***

a curriculum in thirteen circles

By Melody Lee

with Karen Edwards & Dorothy Emerson

- Marks with ritual and celebration the rite of passage into menopause and beyond
- Explores the transition into the crone years through art, story, poetry, drama, music and dance
- Encourages women to share their stories and claim their inner wisdom
- Empowers women to share their wisdom with the world and live their ideals
- Includes a CD with handouts and resources

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**Thank you for your order! Welcome to the SISTERHOOD OF CRONES!**

## CALLING ALL CRONES AND CRONES TO BE

The new 13-session curriculum, *Becoming Women of Wisdom: Marking the Passage into the Crone Years*, is now in use in a number of UU congregations and women's groups. Participants are reporting they find the program very exciting and are getting to know themselves and each other at a deeper level than ever before. One participant commented that she was not happy when the group decided to meet on Sunday afternoons, but once the program started she didn't want to miss any of the circles.

The curriculum is designed for women who are entering or have passed through menopause and would like to mark this passage or deepen their understanding of what it means to be a wise older woman. The program opens the participant to the power, wisdom, and insight of the mature self, with the image of the triple spiral labyrinth to guide their progress, participants share the stories and photographs from each of the decades of their lives as they move into the center of the labyrinth to discover their inner wisdom and out again as they explore ways to share this wisdom with the world. Each circle includes poetry, story, art, music and dance to help women connect to the profound meaning of this life passage. Participants are invited to recall and record memories of their lives in WOW (Women of Wisdom) books. The curriculum concludes with a croning celebration as participants celebrate their new status and name themselves crone, queen, elder, or grandmother. The resource section includes sample decade stories, resources for songs and music for use with the curriculum, and a list of recommended books. The curriculum also includes a CD for easy distribution of handouts to participants.

*Imagine entering the labyrinth of your psyche, slowly following its turns in and out as you weave yourself toward the deep center of your essential knowing. As you make your way forward, you will remember the past, integrate its lessons and shed its excess baggage, until you come to the present moment of possibility and transformation. There you will claim the beauty and truth that can be yours and begin your walk out of the labyrinth integrating your new found knowledge and the thirteen guiding principles of a crone as you retrace your steps. Before you reemerge into the world, you will celebrate your new state and assume the crown and mantle of the crone. As a mature woman of action and compassion, you will claim your power as a woman of wisdom.*

The curriculum has been written by Melody Lee, in collaboration with co-creators Karen Edwards and Dorothy Emerson, and is available from Rainbow Solutions, in Medford, MA. The order form can be downloaded at [www.uuwr.org](http://www.uuwr.org). For more information, contact Dorothy at 781-391-6455 or RevEmerson@aolcom.

# Becoming Women of Wisdom

## Marking the Passage into the Crone Years

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